



# FREEDOM TO LOVE

“This Program helped me to realize how much God really loves us, even with all of our imperfections. It is just incredible.”

— Angela Walter

## DVD-BASED STUDY

### DATES, TIMES, LOCATION

### COST/REGISTRATION

### FOR MORE INFORMATION

The world tells us that freedom is the ability to do what we want, whenever we want, with whomever we want. But has this led to strong relationships, strong families, or strong communities? Since the days of the “sexual revolution,” the opposite has played out. Sexual chaos, exploitation, broken families, and a lot of pain have been the result of “freedom.”

Recognizing the world’s confusion, Pope John Paul II proclaimed the Theology of the Body—a profound message of love and human sexuality. In this powerful, five-part study based on the Theology of the Body, popular author and presenter Christopher West lays out a convincing and refreshing road map to living a life of authentic freedom. The concepts presented in this study will change everything, including your worldview.

In this study, you will learn:

- What the Theology of the Body is and how it can change your life.
- How to live a life of freedom.
- What real love looks like.
- The difference between love and lust.
- What the problem is with pornography.
- That contraception does not lead to freedom.
- That God has a plan for your future.

...and much more.

For more information on the Theology of the Body and Freedom to Love, visit [www.theologyofthebody.com](http://www.theologyofthebody.com)



**Christopher West** is recognized around the globe for his work promoting an integral, biblical vision of human life, love, and sexuality. He serves as a research fellow and faculty member of the Theology of the Body Institute and is the best-selling

author of several books. He and his wife, Wendy, live with their five children near Lancaster, Pennsylvania.