

Going Beyond Traditional Chastity Programs

Summer Session

Congratulations on your decision to explore implementing a *Theology of the Body for Teens* Summer Session! You are no doubt aware of the extraordinary pressures teens and pre-teens face, especially regarding their sexuality. From the Internet to media airwaves to lunchroom conversations, young Catholics are surrounded by messages that challenge and influence their faith and morals every day.

Many young people do not want to follow the call of the culture and become sexually active but feel ill-equipped to respond to the constant bombardment. They deserve more than a “do this, don’t do that” approach to catechesis. They desire truth and understanding about who they are, what their purpose in life is, and what will ultimately bring them authentic freedom and happiness.

A Catholic Vision of Life and Love

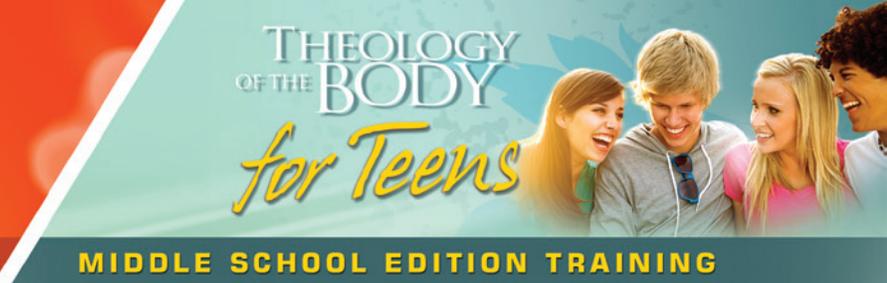
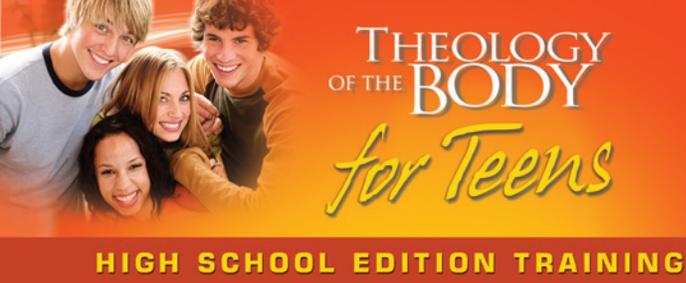
Blessed John Paul II’s *Theology of the Body* was given to us for times such as these, because it offers a unique, “new language” that absolutely resonates with the youth. *Theology of the Body for Teens: Discovering God’s Plan for Love and Life* High School and Middle School Editions are based on John Paul II’s profound teaching. These programs are so effective because they answer the questions teens and pre-teens have about their own bodies, issues on sexual morality, and how they were uniquely created for greatness, all in a fun and engaging way that captures their hearts and minds. Simply put, *Theology of the Body for Teens* is revolutionizing the way educators teach morality and chastity.

A New Language for a New Generation

The *Theology of the Body for Teens* programs reflect the pedagogical approach of John Paul II’s revolutionary teaching. They utilize a great mix of stories, real-life examples, activities, prayers, and references to the culture that teens understand and relate to. The High School and Middle School Editions have been granted the *Imprimatur* and were developed in conformity with the USCCB guidelines for chastity programs. For more information on the programs, or to view video clips, testimonials, and our extensive list of free downloads, please visit TOBforTeens.com.

“With all that teens face in today’s world, this study is a must. Response from both the teens and their parents has been extremely positive. I could not recommend it more highly!”

—Jeff Stankovsky
Director of Youth Ministry
St. Maria Goretti Catholic Church
Indianapolis, IN



Summer Sessions Implementation

There are many ways to implement this dynamic curriculum into parish youth ministry programs, Catholic high schools, and homeschool settings. An exciting new idea that is beginning to take root is to offer either program in the summer months. This gives teens, pre-teens, youth leaders, teachers, and parents yet another wonderful opportunity to participate in this life-changing experience—without the competition the school year brings. You could choose to pick, for example, four consecutive Wednesday evenings to present the eight sessions of the Middle School Edition, or six consecutive Wednesday evenings to present the twelve sessions of the High School Edition. Another option is to do either edition in a weekend retreat format (please see the TOBforTeens.com Download section to review a document detailing this option).

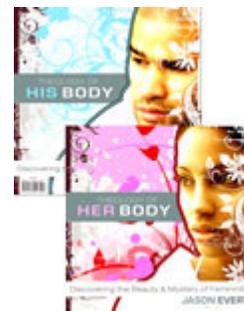
Below is a suggested step-by-step plan for implementing a Summer Session program.

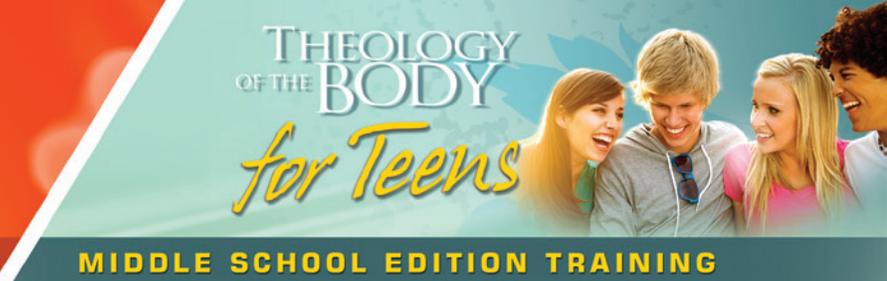
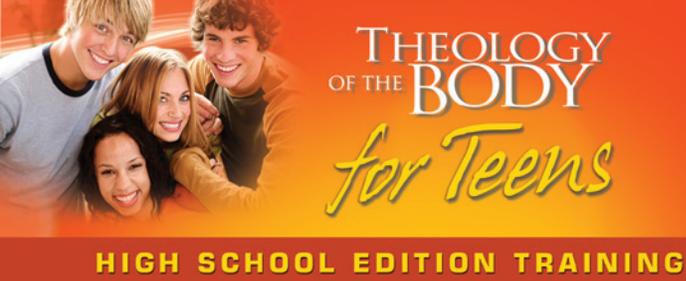
First decide if you are going to do this alone with just your group or co-sponsor with other groups. If you decide to collaborate with others, then identify and contact those leaders. Then, here is an optional plan for your consideration:

1. A conference call with key diocesan, parish, and school representatives.

A representative of Ascension Press can be available to participate in the initial call.

- Discuss the concept in greater detail
- Identify host and sponsor organization(s)
- Address questions, concerns, and obstacles
- Discuss costs and how to budget for the program (Ascension Press has extensive experience in what works and what doesn't, so there is no need for funds to be an obstacle)
- Identify registration contact
- Establish dates and a timeline
- Identify location(s)
- Discuss materials needed to teach the class
 1. One Leaders Guide per leader (recommended two leaders per class – one male, one female)
 2. One Student Workbook per student
 3. One Parent Guide per family
 4. One DVD set per group
 5. One of Jason Evert's outstanding book *Theology of His Body*/*Theology of Her Body* per student. This book serves as the perfect companion to the *Theology of the Body for Teens* program. We recommend each student be given one at the last session, as an excellent "graduation" gift.





1. Suggested Promotional Collateral (some of which can be provided by Ascension Press)

1. "How To Run a Meeting" guide
2. Poster and flyer templates (for you to customize) to promote the Sessions
3. Bulletin announcements and pulpit announcements
4. Press release
5. Newspaper articles and ads
6. "Save the date" cards
7. Registration flyers to pass out and post on your website
8. FAQ of all the "hot-button" questions teens have
9. Additional documents to assist the leaders
10. Parent Info Session document*

*** Parent Info Session night**

Be sure to schedule a Parent Info Session night prior to beginning the sessions (see TOBforTeens.com Download section for a free document). It is important to inform the parents and get their "buy-in." On this night, you will show them the Parent Overview DVD and give them the Parent Guide so they can follow along at home and discuss the content with their teens or pre-teens.

We are delighted that you are seriously considering a *Theology of the Body for Teens* Summer Session. Just think of the young lives that will be transformed by implementing this in your area! The resulting fruit will go well beyond the teens themselves. It will positively impact on their families, their parishes and their future vocations. Let us know how we can best serve you.